

10 TIPS TO BANISH “MATRONLY” FOREVER

1. Buy a BIGGER size
2. Buy GLASSES that bring attention to your EYES, not your CHEEKS.
3. LYCRA is your friend
4. Ditch your SWEATS, unless you're SWEATING
5. Ditch your IVORY PANTYHOSE, and stop wearing nylons with your JEANS.
6. If you've lost your EYEBROWS, put them back on your face
7. Lose the matronly look when you lift your BRA STRAPS
8. If Elle and Vogue magazines are depressing, try MODE and FIGURE.
9. Don't hide your BODY.
10. Update your ATTITUDE